



# MCC EAST BAY | RAMADAN TIMETABLE | 1440 / 2019

DATE RAMADAN	DATE MAY/JUNE	DAY WEEK	STOP EATING <sup>1</sup>	FAJR DAWN	SHURUQ SUNRISE	DHUHR AFTERNOON	ASR MIDDAY	MAGHRIB SUNSET/IFTAR	ISHA <sup>2</sup> NIGHT	EVENTS <sup>3</sup> TARAWEEH BEGINS MAY 5 AT 9:45 PM
1	6	Mon	4:24	4:46	6:07	1:09	6:00	8:05	9:24	First day of fasting & start of nightly Singles Iftar
2	7	Tue	4:22	4:44	6:06	1:09	6:00	8:06	9:25	
3	8	Wed	4:21	4:43	6:05	1:09	6:01	8:07	9:26	Start of Toddler Play Ramadan Sessions
4	9	Thu	4:20	4:42	6:04	1:09	6:01	8:08	9:27	
5	10	Fri	4:19	4:41	6:03	1:09	6:02	8:09	9:29	Youth Iftar (ages 12-18) & Sisters Qiyam & Suhoor
6	11	Sat	4:17	4:39	6:02	1:09	6:02	8:09	9:30	Community Iftar
7	12	Sun	4:16	4:38	6:01	1:08	6:03	8:10	9:31	Sisters Ramadan Support Circle & Interfaith Iftar
8	13	Mon	4:15	4:37	6:00	1:08	6:03	8:11	9:32	
9	14	Tue	4:14	4:36	5:59	1:08	6:03	8:12	9:33	
10	15	Wed	4:12	4:34	5:58	1:08	6:04	8:13	9:34	
11	16	Thu	4:11	4:33	5:58	1:08	6:04	8:14	9:36	
12	17	Fri	4:10	4:32	5:57	1:08	6:05	8:15	9:37	Youth Iftar (ages 12-18) & Sisters Qiyam & Suhoor
13	18	Sat	4:09	4:31	5:56	1:08	6:05	8:16	9:38	Community Iftar
14	19	Sun	4:08	4:30	5:55	1:09	6:06	8:16	9:39	Sisters Support Circle & New Muslim Iftar
15	20	Mon	4:07	4:29	5:54	1:09	6:06	8:17	9:40	
16	21	Tue	4:06	4:28	5:54	1:09	6:07	8:18	9:41	
17	22	Wed	4:05	4:27	5:53	1:09	6:07	8:19	9:42	
18	23	Thu	4:04	4:26	5:52	1:09	6:08	8:20	9:44	
19	24	Fri	4:03	4:25	5:52	1:09	6:08	8:20	9:45	Youth Iftar (ages 12-18) & Sisters Qiyam & Suhoor
20	25	Sat	4:02	4:24	5:51	1:09	6:08	8:21	9:46 *	Collection Drive, Community Iftar & Qiyam
21	26	Sun	4:01	4:23	5:50	1:09	6:09	8:22	9:47	Sisters Support Circle & Special Needs Iftar
22	27	Mon	4:00	4:22	5:50	1:09	6:09	8:23	9:48 *	Odd Night Qiyam
23	28	Tue	4:00	4:22	5:49	1:09	6:10	8:24	9:49	
24	29	Wed	3:59	4:21	5:49	1:09	6:10	8:24	9:50 *	Odd Night Qiyam
25	30	Thu	3:58	4:20	5:48	1:10	6:11	8:25	9:51	
26	31	Fri	3:58	4:20	5:48	1:10	6:11	8:26	9:52 *	Youth Iftar (ages 12-18), Qur'an Khatam & Qiyam
27	1	Sat	3:57	4:19	5:48	1:10	6:11	8:26	9:53	Pre-Eid Bazar & Community Iftar
28	2	Sun	3:56	4:18	5:47	1:10	6:12	8:27	9:54 *	Odd Night Qiyam
29	3	Mon	3:56	4:18	5:47	1:10	6:12	8:28	9:54	
30	4	Tue	3:55	4:17	5:46	1:10	6:13	8:28	9:55	

<sup>1</sup> IT IS STRONGLY SUGGESTED TO STOP EATING AT THIS TIME.

<sup>2</sup> FOR IFTAR, WE HAVE ADDED FOUR MINUTES TO SUNSET.

\* ODD NIGHTS OF QADR.

## RAMADAN CONGREGATIONAL PRAYER TIMINGS

Starting	Fajr	Dhuhr	Asr	Isha*
May 5	5:10	1:30	6:15	9:45
May 12	5:00	1:30	6:15	9:45
May 19	5:00	1:30	6:30	10:00
May 26	4:50	1:30	6:30	10:00

\*Qari Amar Bellaha leads Tarawih prayers immediately after Isha.

First Jumu'ah: 1:15 PM - 1:45 PM  
 Second Jumu'ah: 2:40 PM - 3:00 PM  
 Third Jumu'ah: 3:40 PM - 4:00 PM

## DUA AT THE TIME OF IFTAR

اللَّهُمَّ إِنِّي لَكَ صُفْتُ وَبِكَ امْنْتُ وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ  
 Allahumma inni laka sumtu wa bika aamantu  
 wa 'alayka tawakkaltu wa 'alaa rizqika aftartu



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<sup>3</sup> FREE RSVP REQUIRED FOR IFTAR & SUHOOR MEALS. REGISTRATION LINKS AT [MCCEASTBAY.ORG/CALENDAR](http://MCCEASTBAY.ORG/CALENDAR)

FOR OUR MANY OTHER RAMADAN ACTIVITIES AND TO PAY YOUR ZAKAT UL-FITR, VISIT [MCCEASTBAY.ORG/RAMADAN](http://MCCEASTBAY.ORG/RAMADAN)